

# Section 3

## Patient information and referral

The appendices of this section of the toolkit feature information intended for patients and healthcare professionals (HCPs) alike.

The first two appendices here (3.1 and 3.2) provide examples of information about apheresis that is provided to patients and HCPs in two different apheresis units.

The other appendices are aimed at HCPs, and feature a referral pathway to apheresis treatment and an example of correspondence between the apheresis unit and a GP.

### **Appendix 3.1 – Information about Lipoprotein apheresis**

This patient information leaflet was produced by Harefield Hospital, and is provided to patients and their GPs. The leaflet can be adapted for local use and features the following sections:

- LDL cholesterol and HDL cholesterol
- What is LDL apheresis?
- What happens during the treatment?
- What are the benefits?
- What are the risks and possible side effects?
- How can I reduce the risk of getting side effects?
- Useful contacts

### **Appendix 3.2 – Patient information from the Lipid Unit at University Hospital Llandough**

The Lipid Unit at University Hospital Llandough has developed materials for patients using its service, including those attending apheresis treatment. Appendix 3.2 opens onto this information.

### **Appendix 3.3 – Referral pathway for lipoprotein apheresis treatment**

This appendix shows a suggested pathway for referring patients for lipoprotein apheresis.

### **Appendix 3.4 – Six month review letter to GP**

This is an anonymised letter from Llandough Lipid Unit to the patient's GP. It is a six month review of treatment, showing clinical data.