



High Cholesterol?

- Does **early** heart disease and **high** cholesterol run in your family?
- It could be a sign of **Familial Hypercholesterolaemia (FH)**.
- **FH** is inherited but it is easy to treat.

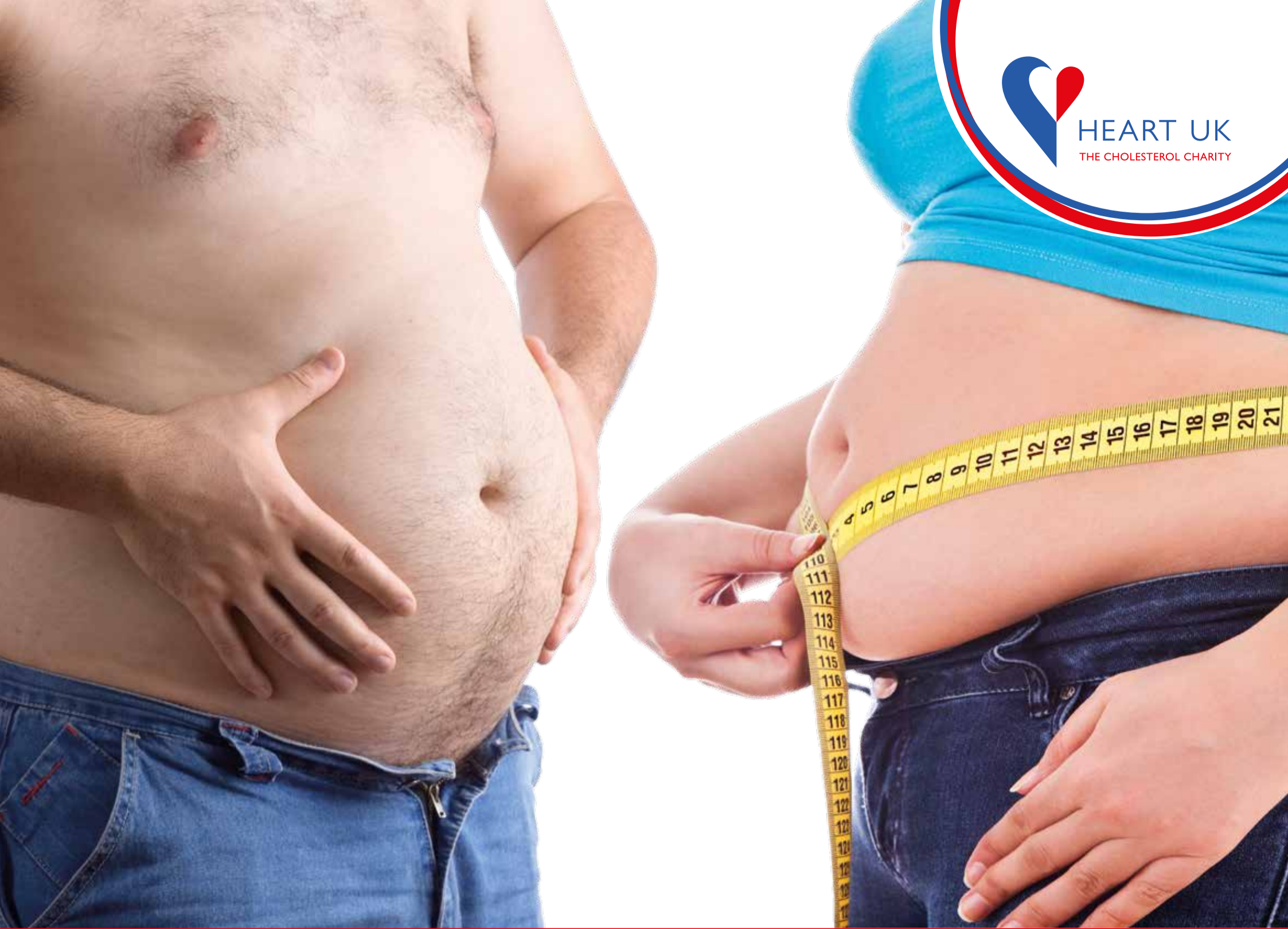
Does this sound like your family?

Cholesterol is a silent killer. It's a risk factor for heart disease.

Get yours checked.

Talk to your GP, or visit www.heartuk.org.uk

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Unhealthy Cholesterol Levels?

- Do you carry excess weight around your **waist**?
- Do you, or anyone in your family, have **diabetes**?
- Unhealthy levels of cholesterol and other blood fats could be putting you at risk.

Does this sound like you?

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